

OPBRUD  
I NATUR & SIND  
TRANSFORMATION  
IN NATURE & MIND

Keld Jensen

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## Opbrud i natur & sind

I september måned er det østhimmerlandske landskab under forvandling. Nu begynder træernes løv at vise gule, røde og orange farver. Når solen skjuler sig bag en sky, får vi den køligere luft at mærke – et tegn om det kommende efterår.

Er man heldig kan man om morgenen nu opleve havens farverige blomster dekoreret med de fineste dugperler. Dugdråberne pryder også edderkoppens fine spind.

Overalt er jorden nu ved at blive dækket af nedfaldet løv og frugter fra de omgivne træer.

Ude i den store mose samles fuglene nu i store flokke. De er utålmodige, mens de afventer deres lange rejse til vinterkvarteret. I lange rækker i moseengen eller i formation

oppe på himlen, holder tranerne parade med formationsflyvning og trompetlyde.

Rævens hvalpe formår nu at fange deres egen føde, men vi ser fortsat de gamle ræve på deres evige jagt efter mus og mosegrise ude på mosens store flader. Samme ærinde har rovfuglene, der svæver hen over landskabet.

Som med et trylleslag dukker der svampe op overalt. Den smukke, men dødeligt giftige fluesvamp, finder man mange steder på en vandring i september.

Måske er det ikke blot landskabet og naturen, der forandrer sig. Måske er der også noget inde i os selv, der i september måned er i opbrud fra sommerens kåde liv med lys og glæde til efterårsmånedernes fordybelse og eftertænksomhed?

## Transformation in nature & mind

In September, the landscape of East Himmerland is transforming. The leaves on the trees are beginning to show yellow, red, and orange colours. When the sun hides behind a cloud, we feel the cooler air – a sign of the coming autumn.

If you are lucky, you might now experience the garden's colourful flowers decorated with the finest dew pearls in the morning. The dew drops also adorn the spider's delicate web.

Everywhere, the ground is now covered with fallen leaves and fruits from the surrounding trees.

Out in the large bog, birds are now gathering in large flocks. They are impatient as they await their long journey to their winter quarters. In long rows in the bog meadows or in formation up in the sky, the cranes hold

a parade with formation flying and trumpet sounds.

The fox cubs can now catch their food, but we still see the old foxes on their eternal hunt for mice and water voles out on the wide expanses of the bog. The birds of prey have the same mission, soaring over the landscape.

As if by magic, mushrooms appear everywhere. The beautiful, but deadly poisonous fly agaric can be found in many places on a September walk.

Perhaps it is not just the landscape and nature that are changing. Perhaps there also is something in our mind that in September is breaking away from the playful life of summer, filled with light and joy, toward deep reflection and contemplation of the autumn months?



Østhimmerland, september 2018

East Himmerland, September 2018





Østhimmerland, september 2018

East Himmerland, September 2018





Østhimmerland, september 2021

East Himmerland, September 2021





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Østhimmerland, september 2020

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## KOLOFON

Ugens foto: Opbrud i natur & sind  
Af Keld Jensen

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## COLOPHON

Photo of the week: Transformation in nature & mind  
By Keld Jensen

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