

FORÅRSJÆVNDØGN SPRING EQUINOX

Keld Jensen

Nr. 12, marts 2025

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Forårsjævnøgn

Omkring den 20. marts oplever vi forårsjævnøgn. Det er det ene af to tidspunkter på året, hvor dag og nat er lige lange. Nu går vi for alvor mod sommer. Solen står højere på himlen og dagene bliver længere.

Det har naturen for længst opdaget. Overalt spirer nyt liv frem. Insekterne begynder at vise sig. Fuglene danner par og arbejder på redebygning. Krybdyrene dukker frem fra deres vinterskjul. De første forårsblomster er allerede sprunget ud.

Rådyrene vover sig ud af skoven for at spise de purunge lysegrønne blade i hindbærkrattet. Haslens rakler sender håbefuldt støv ud ved hvert lille vindstød. Og går vi tættere på hasseltræet, kan vi overalt få øje på de små rødlige hunblomster.

Forårsjævnøgn markerer balancen mellem lys og mørke, og også naturens genfødsel. Hændelsen genfindes da også i alle religionernes myteverden, lige fra Balder i den nordiske mytologi, tolkningen af Stonehenge i England til fortolkninger i græsk, germansk, mayaindianernes og persernes mytologi.

Spring Equinox

Around March 20, we experience the spring equinox. It is one of two times a year when day and night are of equal length. Now, we are truly moving toward summer. The sun rises higher in the sky, and the days grow longer.

Nature has long since noticed this. Everywhere, new life is sprouting. Insects begin to appear. Birds form pairs and work on building nests. The reptiles emerge from their winter hiding places. The first spring flowers have already bloomed.

Roe deer dare to venture out of the forest to eat the fresh, light green leaves in the raspberry thickets. The hazel tree's catkins hopefully release pollen with every little gust of wind. And if we look closely at the hazel tree, we can spot the tiny reddish female flowers everywhere.

The spring equinox marks the balance between light and darkness, and nature's rebirth. It is also reflected in the mythologies of all religions—ranging from Balder in Norse mythology and the interpretation of Stonehenge in England to interpretations in Greek, Germanic, Mayan, and Persian mythology.



Østhimmerland, marts 2020

East Himmerland, March 2020



Østhimmerland, marts 2020

East Himmerland, March 2020



Østhimmerland, marts 2025

East Himmerland, March 2025



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Østhimmerland, marts 2025

East Himmerland, March 2025



Østhimmerland, marts 2025

East Himmerland, March 2025



Østhimmerland, marts 2017

East Himmerland, March 2017



Østhimmerland, marts 2025

East Himmerland, March 2025



Østhimmerland, marts 2022

East Himmerland, March 2022



Østhimmerland, marts 2025

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KOLOFON

Ugens foto: Forårsjævnøgn
Af Keld Jensen

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COLOPHON

Photo of the week: Spring Equinox
By Keld Jensen

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